



Seasonal Scribbles

*Journal prompts
to enjoy throughout the seasons*

October through December
2026 Edition



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WELCOME TO SEASONAL SCRIBBLES

Welcome authors! Get your fingers warmed up, your favorite journal, and your creative juices flowing.

As seasons change and holidays greet us around the corner, there is so much that unfolds in our daily lives.

Seasonal Scribbles is a quarterly booklet featuring specific journal prompts that invite you to think, write, and reflect on your personal experiences throughout the course of the year.

Whether you are new to a journaling routine or an experienced author, this booklet is designed to get your author on.

With an inspiring message to welcome you each month, the goal is to be carefree, creative, and to find joy in the passion of writing.

Whether you are using a paper journal, an online journal, a ballpoint pen, or a quill, the idea is to have fun, explore ideas, and use your imagination!

Remember, the most salient story you can write is your own.

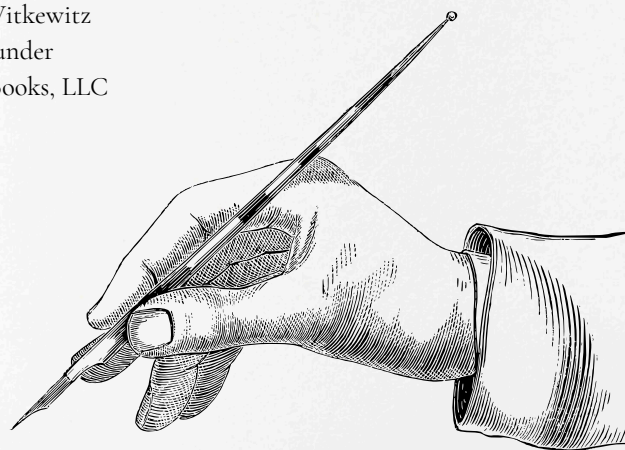
What legacy will you leave today?

Happy writing!

Cheering for you every day,



Victoria A. Witkewitz
Author & Founder
Red Bicycle Books, LLC





*You are now entering
a stress-free zone*

“

Autumn burned
brightly, a running
flame through the
mountains, a torch
flung to the trees.”

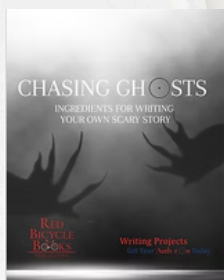
-Faith Baldwin

October

Feel the crunch of the leaves under your feet, the smell of sweet cider, and the vivid colors that surround you.

October 1st is World Smile Day. 😊 Write about five things or more that bring an instant smile to your face. Now share this with the people you love. Did you make them smile, too? Bring out the smiles in everyone you can today.

It's time to take the skeletons out of the closet. What is your favorite ghost story and why? Write your own ghost story in a short narrative. Need a place to start? **Download** [Chasing Ghosts](#) and explore a whole new realm of fright.



Celebrate mystery series week the first week in October. Host a murder mystery evening with friends or family. Create your own plot or find a television program nobody has seen. On a piece of paper, everyone in your group should write down who they think the key suspect is and why. At the end, share your answers. Who was right? What did you learn?

Write a story about a scarecrow that comes to life.



October 10th is National Day of Writing. Pick up a pen and put it to some paper or start exercising those fingers on the computer. Write about the first topic that comes to mind without overthinking. Explore the freedom of thought to creation.

Design three faces for a pumpkin. Carve or draw one of the faces on a craft pumpkin. Now create a story of the journey on how this face came to be.

It's National Cookbook Month. What is your favorite meal to prepare? Dare to take a twist. Add a few unique flavors. Compare how it turned out. Which do you prefer? **Download** our [free recipe books](#) for some ideas to take in a whole new direction.

I know Halloween is right around the corner when I start seeing...

Download [7 Writing Projects for Halloween!](#)

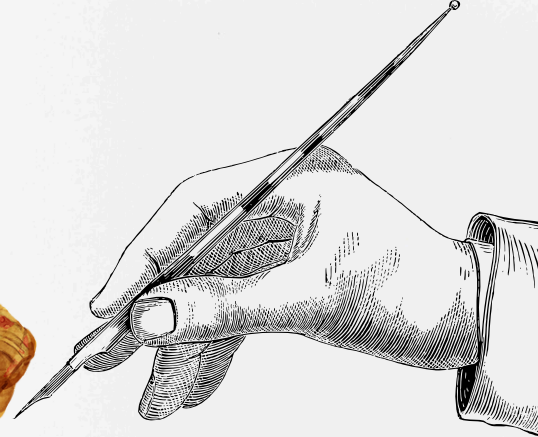


Write about your most and least favorite candy and why.

It's that time for some scary stories! Thriller, horror, and mystery books are [20% off October 1-31, 2026](#).

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

November



You're as warm as apple pie. Stay sweet, grateful, and humble.

November 1st is National Authors' Day. Write your autobiography of the most thrilling events of your life so far, what you learned the most about yourself, and your passions.

The smell of freshly baked apple pie reminds me of...

November 11th is World Origami Day. Fold some shapes to celebrate the season. Birds, leaves, pumpkins, baskets and more. Origami is rich in meaning. Give your creations one.

November 13th is World Kindness Day. Offer a kind gesture by holding open a door for someone, giving someone your seat on the bus, donate, or volunteer. What did you do to help someone? How did you feel afterwards? Keep the kindness going each and every day!



Embrace your inner zen during the mad dash of the holiday season. **Download** [A Center of Peace: Finding Calm During the Holiday Season.](#)

Recall a memory of someone who you remember the most around this time of year. What was the memory? Why has this stuck with you? What makes this person have special meaning in your life?

November is a time of transition between autumn to winter. Name at least two ways you have transitioned from the start of the year to now. What was the biggest learning lesson you will always remember?

Name three ways you stay humble. Keep this reminder close to you.

Write your own recipe for gratitude. A pinch of humor perhaps? Then share it with at least two of the most important people in your life. Journal about the experience.



Let gratitude be at the core of your being. What are you grateful for today? How do you practice gratitude daily? **Download** [Gratitude Journaling Finding Appreciation in Every Day.](#)

[illegible]

December



Feel the crispness of the cool air as a refreshing reminder of the warmth you carry in your heart.

What have you accomplished this year? What were the biggest challenges you had to face? Write down how you coped through the hardest pinch points of your life. Then highlight them to keep them close when you need hope to light the way.

December 7th is National Letter Writing Day. Write a personal letter to yourself for what you hope to accomplish in the new year, how you will succeed, and what you want to enjoy in 2027.

Decorate your home or office with a string of lights to twinkle with the holiday season. What additional ways do you celebrate this festive time of year?

Has it snowed yet? Describe the sensation of snow and how it makes you feel. Cold, happy, peaceful, or something else?

Imagine yourself inside of a snow globe. What do you wish was in your world and why?

You discover a treasure chest in the attic as you open it you are surprised to find these three things...

Live in your pajamas all day for one day. The next day, dress up in your best formal outfit. Describe how each piece of clothing made you feel. Which would you wear more often and why?

December 26th is National Thank you Note Day. Write three thank you notes to someone you don't thank often enough. Then journal about your experience. Were they surprised?

Observe one of Norman Rockwell's paintings. Imagine you are inside the painting. What do you experience? How do you feel? What does picture perfect mean to you?

Snow is a reminder of the stillness that exists around us if we take time to pause. Name three things that keep you grounded no matter what chaos ensues around you. Keep this friendly reminder close when life throws some curveballs.

Create your own winter holiday and give it a name. Design a menu, decorations, and activities. Now celebrate it and invite your guests to experience this special day with you. Make it a habit and put it on the calendar for next year.

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“

*Keep writing your story
each and every day. Soon
you will have an epic novel
of an incredible life.*

-Victoria A. Witkewitz

HAPPY HOLIDAYS

WISHING YOU HEALTH, PEACE, LOVE, AND MAGIC OF THE SEASON

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WHAT LEGACY WILL YOU LEAVE TODAY?

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Seasonal Scribbles

We hope you enjoyed these Seasonal Scribbles and have come up with additional prompts on your own that challenge you to think, learn, and grow. Download the next quarter. Go ahead, you earned it.

CHEER UP WHINE DOWN™

Looking for some additional inspiration? Visit our blog [Cheer Up Whine Down](#).

Looking to write your first book? Check our resource center page with a wealth of information including our [Writer's Block Workshop Series](#), [Author Tools](#), our exclusive member portal with templates, planning guides, and tools for authors, and [Authors' Notes](#) articles. Sign up for our quarterly newsletter, [Words In Motion](#).

**Writer's
Block**

Workshop Series



Author Tools

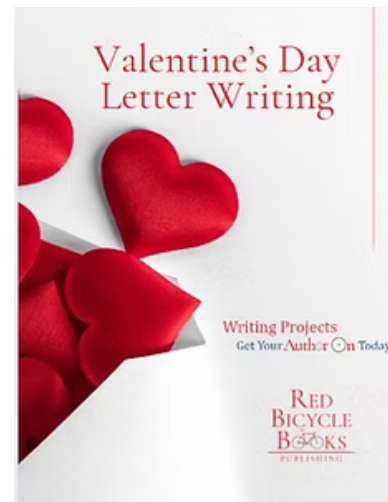
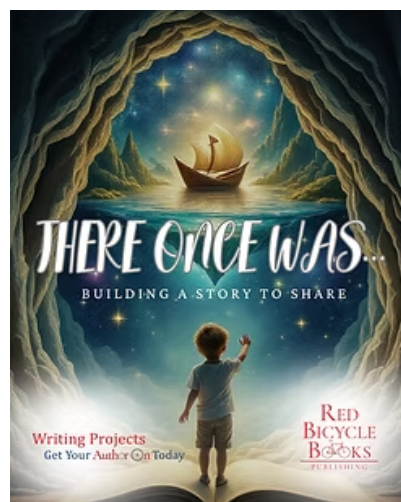
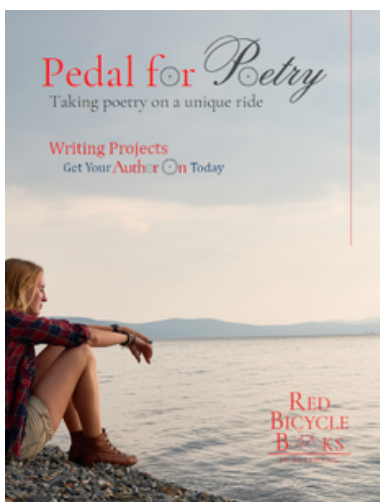
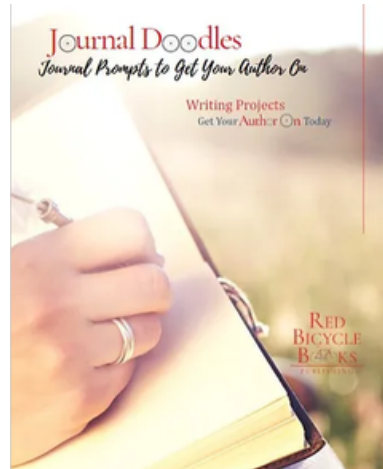
Authors' Notes

www.redbicyclebooks.com

We hope you enjoyed this journaling project that has provided you with a tool you can use to discover yourself, your dreams and goals, process your feelings, that will hopefully become part of your daily life, the legacy you leave behind with your words each and every day. Discover more writing projects to get your author on.

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