



# Seasonal Scribbles

*Journal prompts  
to enjoy throughout each season*

October - December  
2023 Edition

RED  
BICYCLE  
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PUBLISHING

Author  n  
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## WHAT ARE SEASONAL SCRIBBLES?

Welcome authors! Get your fingers warmed up, your favorite journal, and your creative juices flowing.

As seasons change and holidays greet us around the corner, there is so much that unfolds in our daily lives.

Seasonal Scribbles is a quarterly booklet featuring specific journal prompts that invite you to think, write, and reflect on your personal experiences throughout the course of the year.

Whether you are new to a journaling routine or an experienced author, this booklet is designed to get your author on.

With an inspiring message to welcome you each month, the goal is to be carefree, creative, and to find joy in the passion of writing.

Whether you are using a paper journal, an online journal, a ballpoint pen, or a quill, the idea is to have fun, explore ideas, and use your imagination!

What legacy will you leave today?

Remember the most salient story you can write is your own.

Happy writing!



Author & Founder  
Red Bicycle Books, LLC



A full-page background image of a forest path in autumn. The path is covered in fallen red and orange leaves. The trees on either side have dense foliage in shades of orange, yellow, and red. Sunlight filters through the canopy, creating a warm, golden glow. The text is centered in the upper half of the image.

*You are now entering  
a stress-free zone*

A scenic autumn landscape featuring a winding asphalt road with a yellow curb. The road is bordered by a rocky shoulder and a dense forest of trees with vibrant yellow and orange foliage. The background shows rolling hills covered in similar autumn trees under a clear sky.

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Autumn leaves don't fall,  
they fly. They take their  
time and wander on this  
their only chance to soar.

-Delia Owens

# October



October 6th is World Smile Day. Smiles are contagious, so find some time each day this month to wear yours. Carve some special time with friends and family this month.

Think about the first time you carved a pumpkin. Describe the experience. How did you decide which face that you were going to carve? Who carved the jack-o-lantern with you?

Write about three past memories that put an instant smile to your face and why.

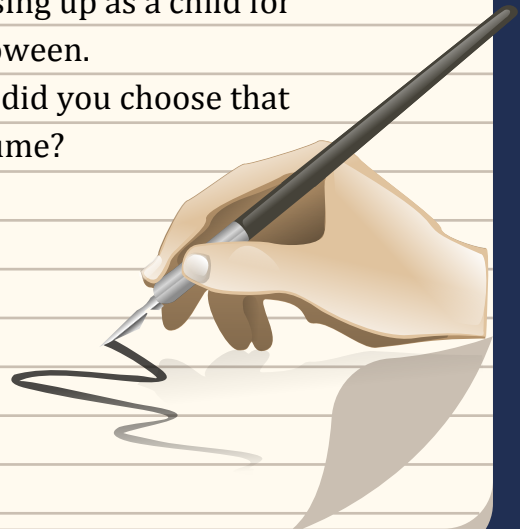
Name three foods or beverages that bring warmth to this season. What are they and what do you enjoy about them?

Name two of your best friends you have in your life. How did you meet?

What favorite activities did you enjoy doing together?

Name a costume you enjoyed dressing up as a child for Halloween.

Why did you choose that costume?



A small, round, orange pumpkin with a short, dark green stem. The pumpkin has a ribbed texture and is set against a plain white background.

[illegible]



This month find a reason to be thankful every day in the smallest to the largest ways. Explore the sweetness of life with or without a pumpkin pie.

Think about the first thing you do when you rise. Do you take a hot shower? Do you make breakfast?

Name three reasons you are grateful for getting up each morning and the people in your life you are grateful for.

Watch the trees in your neighborhood over the course of two weeks. Take some photos and witness their transformation. What would you like to fall away from your life and why?

Have you ever volunteered at a food pantry? Think about those less fortunate than you. What can you do to help your local community?

When was the last time you hosted or participated in a Friendsgiving?

This month plan to attend or host a dinner party and document your experience.



November \_\_\_\_ 2023



A series of horizontal lines for writing, spanning the width of the page.



It's the end of the year and we hope you had a wonderful year with many great, positive memories you will cherish for years to come. This month reflect on all the ways you shine the brightness of your light to others around you. How do you make a positive impact on the lives of your family, friends, and the world?

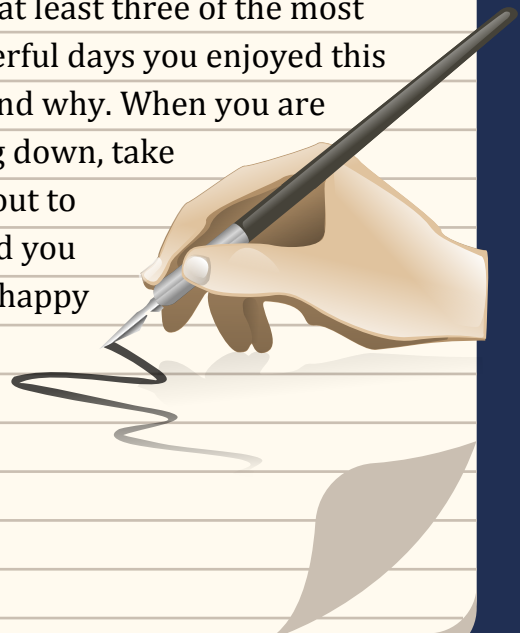
Think about the first toy you ever received. Why was it special to you? Do you still have it to this day?

Write down three ways you can help make someone's holiday season a little brighter.

This month reflect on how you have recently made a donation in someone's life, whether it be by time, offering help, or some other means.

As we end the year, write down four things you have learned about yourself.

Write at least three of the most wonderful days you enjoyed this year and why. When you are feeling down, take them out to remind you of the happy times.



December \_\_\_\_ 2023



Lined area for writing or drawing, consisting of 30 horizontal lines.

“

I write in order to find out what I truly know and how I really feel about certain things. Writing requires me to go much deeper into my thoughts and memories than conversation does.

—Leslie Marmon Silko



# Seasonal Scribbles

We hope you enjoyed these Seasonal Scribbles and have come up with additional prompts on your own that challenge you to think, learn, and grow. Download the next quarter. Go ahead, you earned it.

**CHEER UP** WHINE DOWN™

Looking for some additional inspiration? Visit our blog [Cheer Up Whine Down](#).

Looking to write your first book? Check our resource center page with a wealth of information including our [Writer's Block Workshop Series](#), [Author Tools](#), our exclusive member portal with templates, planning guides, and tools for authors, and [Authors' Notes](#) articles.

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Writer's  
Block

Workshop Series



Author Tools

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