



# Seasonal Scribbles

*Journal prompts  
to enjoy throughout each season*

April - June  
2024 Edition

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## WHAT ARE SEASONAL SCRIBBLES?

Welcome authors! Get your fingers warmed up, your favorite journal, and your creative juices flowing.

As seasons change and holidays greet us around the corner, there is so much that unfolds in our daily lives.

Seasonal Scribbles is a quarterly booklet featuring specific journal prompts that invite you to think, write, and reflect on your personal experiences throughout the course of the year.

Whether you are new to a journaling routine or an experienced author, this booklet is designed to get your author on.

With an inspiring message to welcome you each month, the goal is to be carefree, creative, and to find joy in the passion of writing.

Whether you are using a paper journal, an online journal, a ballpoint pen, or a quill, the idea is to have fun, explore ideas, and use your imagination!

What legacy will you leave today?

Remember the most salient story you can write is your own.

Happy writing!



Author & Founder  
Red Bicycle Books, LLC







*You are now entering  
a stress-free zone*





“

*It's never too late to  
be what you  
might've been.*

*-George Eliot*





This month we celebrate Earth Day. It's the same address we all come home-a gravity of love. This reminds us of the vast world we live in and treasure. This month think of the world around you not only from the ground up, but how you can make the world a better place as a whole.

Start with I am...then fill in as many words as possible that come to mind.

Organize your thoughts.

How many traits are positive?

How many traits are negative?

Determine how you can turn the negative ones into positive ones.

April is National Poetry Month.

Write a poem of what moves you at this moment.

Build a life you love. Name at least two projects you had to construct with your hands. What did you build and what would you have done differently if you had to build it again?

It's cherry blossom time! These beauties help us appreciate that life is transitional. Name at least three ways your life has transitioned in the past four months and why you appreciate its short tenure.

Take a look at your neighborhood. In what ways can you volunteer to make your community a better place?



April \_\_\_\_ 2024



A series of horizontal lines for writing, spanning the width of the page below the header.



# May



This season is the time to admire a few petals in the form of the flowering kind or a few pedals in terms of the cycling kind. This month take time to support the pathways in your life in a positive and loving way.

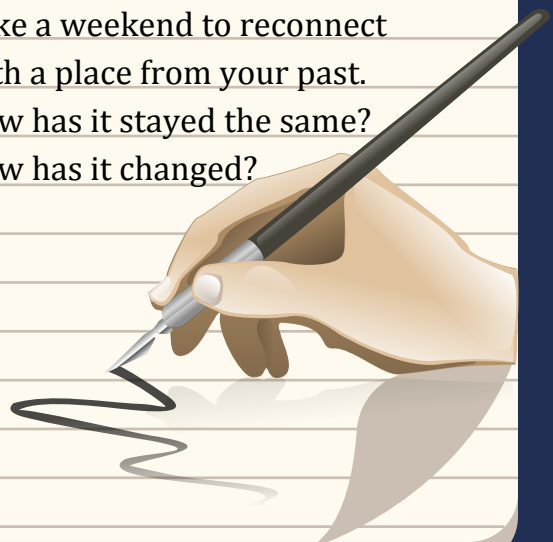
This month take a guided tour of your local town or city. What new things did you learn?

Anne Sullivan wrote, "The best and most beautiful things in the world cannot be seen nor even touched, but just felt in the heart." Who touches your heart and why?

Imagine if every day was the weekend, what would you do? Can you incorporate any of your weekend routine into your weekday routine?

No one is too old for fairy tales. Think of your favorite fairy tale you remember reading as a child and why it touched you. Does it have the same effect as an adult?

Take a weekend to reconnect with a place from your past. How has it stayed the same? How has it changed?



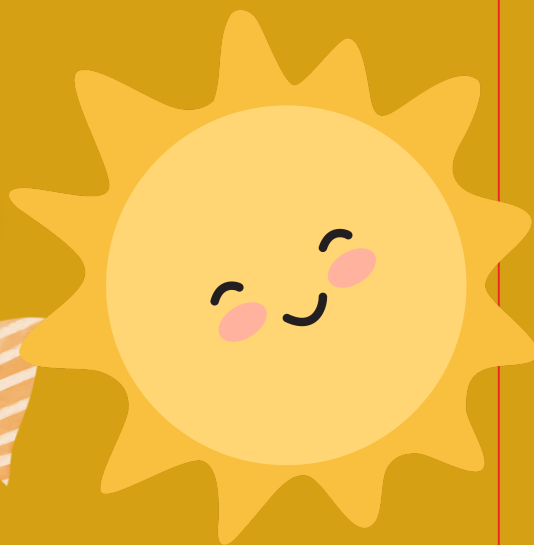
May \_\_\_\_ 2024



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# June



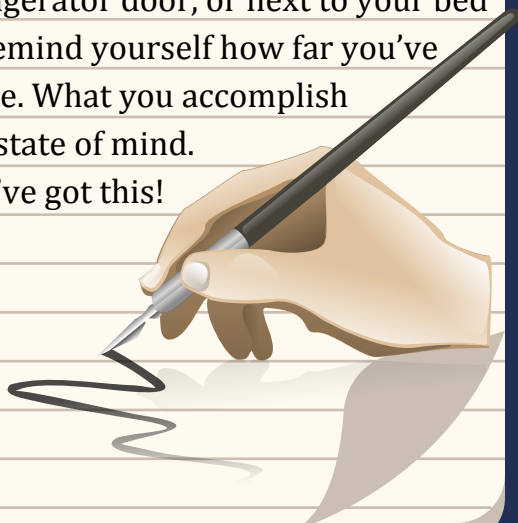
Like the sun shines its rays, direct the light in your life of where you want to go. June 20th is the summer solstice and the longest day of the year. This month, pause and reflect on the shimmer of happiness you bring to others. Do you reflect this light back to yourself?

June 3rd is World Bicycle Day! If you can get a ride in, explore your neighborhood. Capture the day and experience. If you aren't able to ride, think of what other ways you keep your life in motion and why it has meaning to you.

Think of any obstacles you are currently facing in your life. How can you find the bright side to turn them into opportunities to learn?

Write about all the people you take care of in your life. How do you take time for self-care to ensure your light stays lit?

We are halfway through the year! This year is yours. What have you accomplished so far? What do you have left to achieve? What steps will you take to ensure you stay on track? Now, place this on the refrigerator door, or next to your bed to remind yourself how far you've come. What you accomplish is a state of mind. You've got this!



June \_\_\_\_ 2024



A series of horizontal lines for writing, consisting of 28 lines in total.





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you can't go back and  
change the beginning, but  
you can start where you are  
and change the ending.

-C.S. Lewis

# RED BICYCLE BOOKS

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PUBLISHING

The story continues on...



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# Seasonal Scribbles

We hope you enjoyed these Seasonal Scribbles and have come up with additional prompts on your own that challenge you to think, learn, and grow. Download the next quarter. Go ahead, you earned it.

**CHEER UP** WHINE DOWN™

Looking for some additional inspiration? Visit our blog [Cheer Up Whine Down](#).

Looking to write your first book? Check our resource center page with a wealth of information including our [Writer's Block Workshop Series](#), [Author Tools](#), our exclusive member portal with templates, planning guides, and tools for authors, and [Authors' Notes](#) articles.

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